

# Team Coordinator Guidelines

## for the Novice Adult Coed Hockey League (NACHL)

First, this league is not about you. The focus of the league is on the development of the novice player. Therefore, there are some expectations and restrictions that are being placed upon you.

### Expectations

- You lead by example in providing a supportive and sporting environment. Give the “atta-girls”/ “atta-boys”, share the first bumps, smile, etc.. HAVE FUN PLAYING HOCKEY!
- Get to know your teammates. You will play with them this session and against most of them in the next session.
- Explain the game to the others when they ask.
- Assist with the administrative tasks as they pertain to your team. Communicate with the League Commissioner about any concerns that you have.
- Maintain an understanding of available players for each games. If necessary, contact other team coordinators regarding subs.
  - o Each week a team should have 10-15 skaters on the bench.
  - o If you are unable to get subs, teams playing each other may loan players to get to 10.
  - o You may share this responsibility with the captains, if one of them wants to assist you.
- Calm your teammates when you need to do so. If you need to sit them for a shift so they can gather their composure, then have them sit.
  - o If a player needs a longer time out or needs to leave for the rest of the game, use your judgement. You may be saving them from being ejected from the league if they go out and commit an act that will get them suspended.
- If you need to sit out a shift to talk with a player, please do so. That time and the explanation to the player may have more of an impact on their enjoyment and development, that the shift will for you.
- Facilitate the selection of a Captain and two alternates and then support them.
- Come early and leave late to be available for your team members. If you can stay after and watch the game with your team, then you can continue to share. This will also help when rating all of the players.
- Assist with the rating of the players:
  - o familiarize yourself with the PRS that will be employed in the NACHL.
  - o during the camp, help rate the players so the teams can be formed after the end of the camps and before the scrimmages
  - o update the skill ratings for your team members by week 4 of the games. Especially, players who are at or past the 2.5 PRS score.
- Play within the skill of the opposing player.
  - o You could skate through everyone and score – DON’T
  - o Let the other player have a fair chance to win the puck or bring the puck out of or into the zone.
  - o If you need to handicap yourself, do so – it will make you a better player. Play Defense instead of offence – or vice versa. Play the opposite. If you need to challenge yourself and you play with a right-handed stick, you can do this by: 1) playing with a right-handed flat bladed stick (normal – flat), 2) playing with a left-handed in your right hand (normal – opposite stick), 3) playing with your stick in your left hand (flipped stick), 4) playing with a left-handed stick in your left hand (opposite), 5) play with a flat stick in your left hand (opposite – flat).
- You may be asked to wear an elastic cuff to signify to the referees that you are the coordinator.

## **Restrictions**

The "*Coordinator 1-goal policy*"

- As coordinators are meant to support the newer players and not to dominate the league, only one goal that they score will count. Any other goals scored will incur the same penalty as stated in the "*Hat-Trick Rule*". (See the League Guidelines & Rules document).
- Additionally, if the goal comes in the 3<sup>rd</sup> period, it may not be the goal that ties or wins the game.